



Pest & Rodent Control



## **Bed Bug Treatment Preparation Sheet**

**Before the treatment begins, all occupants, including pets, must leave the unit and not enter for a minimum of 4 hours after the technician arrives at your building.**

### ***What you need to do to prepare of treatment:***

- ✓ Aquariums may remain in place as long as the filtration and aeration systems are turned off and the tank is adequately covered. Filtration and aeration equipment may be turned back on 6 hours after treatment.
- ✓ Birds must be removed from premises and remain out for 4 hours after treatment.
- ✓ Anyone who is pregnant, or has allergies or asthma, should take necessary precautions.
- ✓ Strip bed and wash all sheets and any clothes exposed to bed bugs in HOT water.
- ✓ You can also put sheets and clothing in a high heat dryer cycle for at least 30 minutes to kill any bed bugs they may contain. *(Check the manufacturer's labels to make sure the items can tolerate high temperatures.)*
- ✓ Pull all items away from baseboards in any rooms that will require treatment.
- ✓ Empty closets, furniture, etc. Inspect the items. Place items inside plastic bags and remove from the room.
- ✓ Thoroughly vacuum floors, carpets, beds, couches and upholstered chairs.
- ✓ Take the mattress and box spring off the bed frame and set aside in the bedroom.
- ✓ Remove everything from under the bed. (i.e. boxes, toys, shoes, purses, etc.)

### ***What your technician will do:***

- ✓ Thoroughly inspect room(s) for bed bugs.
- ✓ Apply insecticide to cracks and crevices, behind baseboards, and into other known or suspected harborage areas.
- ✓ Lightly spray furniture, especially mattresses, box springs and bed frames, with an approved insecticide.

### ***What you can do to prevent the spread of bed bugs:***

- ✓ Inspect ALL used furniture and bedding before bringing it into your home.
- ✓ If you travel, check the bedding and room before you sleep there.
- ✓ If you have an infestation, moving to a new bed does NOT solve the problem.

### ***What you can do to help eliminate bed bugs in your home:***

- ✓ Wash sheets and blankets at least once per week.
- ✓ Put sheets and clothing in a high heat dryer cycle for 30 minutes or more to kill bed bugs. *(Check the manufacturer's labels to make sure the items can tolerate high temperatures.)*
- ✓ Remove clutter – pick up clothes, boxes, toys, purses and other items where bed bugs can hide.
- ✓ Put your mattress and box spring in a zippered bed bug proof encasement.